



WMG2017 Weightlifting Training Facilities



Club Name: Functional Strength Olympic

Address: 7A Piermark Drive, Rosedale, North Shore, Auckland

Weekday Training Times: TBC on booking

Weekend Training Times: TBC on booking

Cost per training: TBC

Contact Name: Richie Patterson

Contact Phone: +64212551966

Contact Email: pip@functionalstrength.co.nz

Booking Required: Please contact Club ahead of time to book your trainings.

Club Name: Waitakere Olympic Weightlifting

Address: 36 Bruce McLaren Road, Henderson, West Auckland

Weekday Training Times: 5.45am – 8am, 9am – 11am, 4pm – 7.30pm

Weekend Training Times: Saturday 7am – 11am, Sunday After 10am

Other Training Times: Can be arranged, please contact the Club.

Cost per training: \$20 per session or \$100 unlimited training sessions

Contact Name: Genice Paullay Beazley

Contact Phone: +6421655266

Contact Email: crossfitwaitakere@yahoo.com

Booking Required: Please contact Club ahead of time to book your trainings.

Notes: This Club speaks several languages so please do not hesitate to enquire.

Club Name: Papatoetoe Olympic Weightlifting Club

Address: Kolmar, 295 Great South Road, Papatoetoe, South Auckland

Weekday Training Times: TBC on booking

Weekend Training Times: TBC on booking

Cost per training: TBC

Contact Name: Kolmar Facility

Contact Phone: 09 277 6710

Contact Email: info@kolmar.org.nz

Booking Required: Please contact Club ahead of time to book your trainings.

Club Name: Epsom Strength

Address: 395B Manukau Road, Epsom, Central Auckland

Weekday Training Times: TBC on booking

Weekend Training Times: TBC on booking

Cost per training: TBC

Contact Name: Ray Everest

Contact Phone: +642102486341

Contact Email: ray@crossfitmcr.co.nz

Booking Required: Please contact Club ahead of time to book your trainings.



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Club Name: Otara Barbell Club

Address: 2 Hayman Street, Otara, South Auckland

Weekday Training Times: TBC on booking

Weekend Training Times: TBC on booking

Cost per training: TBC

Contact Name: Danny Nemani

Contact Phone: +640211218929

Contact Email: dannynemani@hotmail.com

Booking Required: Please contact Club ahead of time to book your trainings.

Club Name: CrossFit Red Dragon

Address: 122 Hobsonville Road, Hobsonville, West Auckland

Weekday Training Times: 7.30am – 10.30am

Weekend Training Times: 08.00am – 11.00am

Cost per training: No Charge

Contact Name: Jessica Greenland

Contact Phone: +642102548265

Contact Email: team@crossfitreddragon.com

Booking Required: Please contact Club ahead of time to book your trainings.

Club Name: Strength HQ

Address: 11 Sultan Street, Ellerslie, Central Auckland

Weekday Training Times: 10:30am – 2:00pm (Closed ANZAC day)

Weekend Training Times: none

Cost per training: \$10

Contact Name: Georgie Simmons

Contact Phone: +640272-038532

Contact Email: hello@strengthhq.co.nz

Booking Required: Please contact Club ahead of time to confirm your trainings.

Club Name: Les Mills Auckland City

Address: 186 Victoria Street

Weekday Training Times: 8am - 12pm / 1pm - 8.00pm

Weekend Training Times: 8am - 2.00pm

Cost per Training: \$25

Contact Name: Mark Michaels

Contact Phone: 021722524

Contact Email: mark.michaels@lesmills.co.nz

Booking Required: Please contact Club ahead of time to book your training



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Club Name: **CFPS**

Address: 194 Moore Street, Howick, East Auckland

Weekday Training Times: pls call to book

Weekend Training Times: pls call to book

Cost per Training: \$20 per session

Contact Name: Damian Halforty

Contact Phone: +64212646216

Contact Email: halforty@xtra.co.nz

Booking Required: Please contact Club ahead of time to book your trainings.

Notes: Speak English /Afrikaans/Xhosa